

## Get to know me

### Biography

I'll keep the formalities short: I'm Steyn Viljoen and live in the most beautiful part of the world; Cape Town, South Africa. I have a degree in Geology (it's too long of a story for now) After which I made a career change which led me to become a Professional Certified Coach. I've done about 100 hours of coaching. I've coached people from all walks of life: Fathers, mothers, business people and young people. I might not have coached the CEO of Nike (yet), but what I do know is that I can look back on a past that took me to a point where I could make a commitment to raise History Makers and World Shakers and a few years from now, I will be able to say that you were one of them...

So let's get to the informalities:

3 Words. Extreme! Wild! Daring! Or perhaps I should say I strive towards that every day. The world is way too serious and way too boring and therefore I live a contagious life and through this I might empower people to be more excited about life. But enough of that.

I see myself as a young, vibrant and energetic visionary (dreamer if you would like to). I'm totally nuts about running (fitness maniac), more specific trail running moving into adventure racing.

I'm quite picky and sometimes quite indecisive in life; specifically relationships. I can be quite impulsive at times, although I like to be more organized.

I've Got an absolute passion for Africa, specifically African children and just young people in general. So that's it. That's me in a nutshell. If you have any other questions regarding my professional experience, please feel free to ask it through the contact me form.